



SATURDAY – OCT. 31

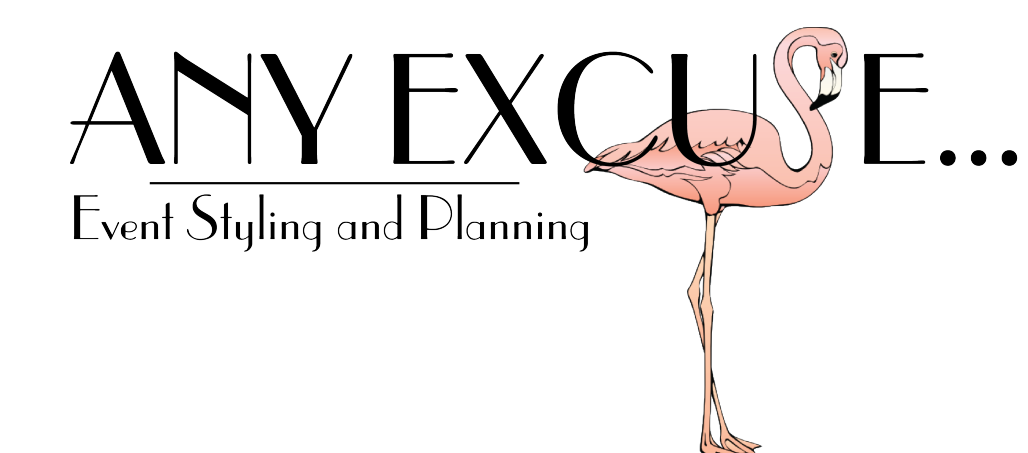
www.veganfestival.info

SUNDAY – NOV. 1

	MAIN STAGE	WORKSHOP ZONE	PLANT POWER TENT	KIDZONE
	Vegan Parade - 10:00 - 11:00, Light Square to Rymil Park			
11:00	Vegan Fit Workshop 11:00 - 11:30			
11:30	Welcome – Zac Bird	Slow Flow Yoga for Compassion <i>Kaitlin Harkness</i> 11:30 - 12:30	Nourish Food & Wellness <i>Samantha Butcher</i> 11:30 - 12:30	Story Telling with Tina 11:30 - 12:00
12:00	Deanna Kangas 11:45 - 12:15			
12:30	Clare Mann 12:15 - 12:45 ((●))			
1:00	Abraska 12:45 - 1:30	Be a less wasteful, more earth-friendly, and healthy vegan <i>Laura Carrington</i> 12:45 - 1:45	Baking with Sarah Kidd 1:00 - 2:00	Drawing Vegetables <i>Lisa Savchuk</i> 12:30 - 1:30
1:30	Emma Hurst 1:30 - 2:15 ((●))			
2:00				Chess <i>Alan Goldsmith</i> 2:00 - 3:00
2:30	Great Moose 2:15 - 3:00	Recentreing Animals in the Animal Rights Movement <i>Kristy Alger</i> 2:30 - 3:30 ((●))	Junk Food Vegan <i>Zacchary Bird</i> 2:30 - 3:30 ((●))	
3:00	Aussie Game Changers: <i>Morgan Mitchell, Izzi Batt-Doyle, Riley Cocks, Samuel Mussared, and Ben Loaker</i> 3:00 - 3:45 ((●))			
3:30				
4:00	The Cortex Shift 3:45 - 4:30	Public Speaking to an audience of one <i>Deanna Kangas</i> 4:00 - 5:00	Halloween cookie decorating <i>Sparrow & Spoon</i> 4:00 - 5:00	
4:30				
5:00	Zacchary Bird 4:45 - 5:15 ((●))			Monster Mash Halloween Kids Disco 5:00 – 6:00
5:30	Fiddle Chicks 5:15 - 5:45	Shadey Macron 5:30 - 6:15		
6:00	Sustainable Fashion Parade 6:00 - 6:30 <i>Laura Vogt</i>		Haans Siver has Bare Cravings: <i>Make vegan pet food and human food with friends</i> 6:00 - 7:00 ((●))	
6:30				
7:00	Planetself 7:00 - 7:45			
7:30				
8:00	Andy Meddick 7:45 - 8:15 ((●))		Halloween Movie 8:00 - 10:00 Rating: MA15+	
8:30				
9:00	Safe 2 Say 8:30 - 9:15			
9:30	Karaoke 9:15 - 10:00			
10:00	Festival Finish ((●))	includes Live Stream	Talk Workshop Music Show Cooking	

	MAIN STAGE	WORKSHOP ZONE	PLANT POWER TENT	KIDZONE			
	Happy World Vegan Day!						
11:00	Vegan Los Mescalitos 11:00 - 11:30						
11:30	Kristy Alger 11:30 - 12:00 ((●))	Antarctic Campaigns <i>Haans Siver</i> 11:30 - 12:30 ((●))	Huda AlSultan - Sassi Ice Cream 11:30 - 12:30	LCM bars <i>Zacchary Bird</i> 11:30 -12:30 ((●))			
12:00	Maisie 12:00 - 12:30						
12:30	Towards Ecocentric Culture <i>Scott Wallace</i> ((●)) 12:30 - 1:15	Plant-based diets for dogs <i>Dr Malina Fielder</i> 12:30 - 1:30 ((●))	Doctors for Nutrition: <i>The recipe for a healthy lifespan</i> <i>Hosted by Dr Heleen Roex</i> 1:00 - 2:00	Be a less wasteful, more earth-friendly, and healthy vegan <i>Laura Carrington</i> 12:45 - 1:45			
1:00	Georgie and The Tonics 1:15 - 2:00						
1:30		Belly Dancing Arabesque 1:45 - 2:20					
2:00	Zoonotic Disease & Veganism 2:00 – 2.30 <i>Lynda Stoner</i> ((●))						
2:30	Belly Dancers 2:30 - 2.45	Vegan Open Debate <i>Kais and Deanna Kangas</i> 2:30 - 3:30	Junk Food Vegan <i>Zacchary Bird</i> 2:30 - 3:30 ((●))	Ocean Conservation <i>Sea shepherd</i> 2:30 - 3:30			
3:00	David Quirk 2:45 - 3:00 ((●))						
3:30	Plant Based Punx 3:15 - 3:25						
4:00	Heartbeats in the Hallway 3:45 - 4:15		Cooking with a Doc. <i>Dr Heleen Roex</i> 4:00 - 5:00				
4:30	Voting with Compassion <i>Andy Meddick & Louise Pfeiffer</i> 4:15 - 4:45 ((●))						
5:00	Festival Close - Festival Speakers	((●)) includes Live Stream	Talk	Workshop	Music	Show	Cooking

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